

ANTIGUA

LUNCH MENU Appetizers

Soup of the day

27/10

Chef choice

The Bay's "Steamed Mussels" 35 / 13

Cooked in a light red curry sauce with a splash of Ginger Wine and Garlic Baguette

Crispy Vegetable Samosas / Spring Rolls 30 / 11

With petite Leaf salad, curry mayonnaise and Chili Plum dressing

"Crab Cakes"

32 / 12

Nested on wok fried vegetables and Arugula Aioli

Shrimp Cocktail 32 / 12

Orange pickled Shrimp, chilled and served with The Bay's cocktail dressing *******

WRAPS

Coronation Grilled Chicken 35 / 13

With curry sensation and homemade Mango chutney

Zesty Tuna

35 / 13

With Tomatoes, Basil and spicy mayonnaise All wraps are served with Arugula, Baby Spinach, Cherry Tomato salad and Plantain crisp

SANDWICHES

The Bay's Club

37/14

Grilled Chicken, crispy Bacon, Ham, Lettuce and Tomatoes On special selected bread

Grilled Beef (open faced) 37 / 14

Topped with caramelized Onions and spicy Tomato jam on a lightly toasted Ciabatta Bread ******

PANINI'S

| Pulled Pork | 37 / 14 |
|--------------------------|---------|
| Tuna Melt | 35 / 13 |
| Jerk Mahi Mahi | 37 / 14 |
| Roasted Local Vegetables | 32 / 12 |
| Lobster | 43 / 16 |

All Panini's are served with a choice of Cheddar, Pepper Jack or Mozzarella cheese on Ciabatta bread with Salad and Plantain crisp

BURGER

The Bay's Classic Burger 40 / 15

Homemade burger nested on a toasted Sesame seed bun with special sauce. Grilled pineapple, locally fried Plantain and Avocado salsa Add Cheddar or stilton cheese 5 / 2 Crispy bacon

EC/US Prices

Tax and Service Charge will be added.

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PASTAS

Linguini or Penne 54/20

Tossed in extra virgin Olive oil with Parmesan Cheese Chunky tomato and basil sauce Mushroom cream sauce Bolognese

Your choice of **Prawns** 72 / 27 **Chicken** 60 / 22

STIR FRY

Selection of Basmati rice or Oriental noodles, Light Teriyaki glaze or Sweet and Sour sauce With Bell Peppers, Cherry Tomatoes, Asparagus and Red Onions

Your choice of Vegetables 54/20

Chicken 60 / 22
Beef 67 / 25
Pork 67 / 25
Prawns 72 / 27

Entrées

"FRUITS DE MER" BOULLABAISSE STYLE 78//29

(Mussels, Prawns, Bay Scallops, and Snapper) poached in Shellfish bisque with saffron infused herb Basmati rice and Pesto

SEARED FILLET OF TUNA 73/27

Crusted with Peppercorns on Wakame Shitake, Edaname Beans Salad with Soy and Ginger Jus.

STRIP LOIN STEAK 78/29

Grilled to your preference, with baked Tomato, large cut fries, Avocado Salsa Verde and Béarnaise sauce

GRILLED LOBSTER 94/35

With organic salad, sautéed Mushroom and Spinach drizzled with lemon infused Garlic Butter

<u>SALADS</u>

Mixed Mescaline salad 54/20

With pickled Beet root, Feta cheese, toasted Pine nuts and feathered with Balsamic dressing

The Bay's Caesar salad 54 / 20

Crunchy Romaine hearts and selection of Tomatoes and Mushrooms, tossed in a zesty dressing with Garlic Croutons and shaved Parmesan

Your choice of Blackened Snapper 67/25 Grilled Chicken Breast 60/22 Tiger Shrimps 72/27

SIDES

Spicy sweet Potato Wedges, Fresh Garlic bread, Breadfruit chips 18 / 7

Should you wish to have any dish plain, please ask your waiter for assistance.

EC/US Prices

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DINNER MENU

APPETIZERS

27/10 SOUP

The Bay's Seafood Chowder

40/15 THE BAY'S "STEAMED MUSSELS"

Cooked in a light red curry sauce with a splash of Ginger Wine and Garlic Baguette

40/15 CRISPY FRIED CALAMARI

On Tropical Island Salad with Chili and Caper Aioli

40/15 GRILLED WILD MUSHROOM SALAD

Tossed with Arugula, Roasted Peppers and Feta Cheese in a Parmesan Cup drizzled with Lemon –Balsamic vinaigrette

40/15 LINGUINE 'CARBONARA'

With a lightly Poached Egg, Crisp Bacon Tuille, Chives, Green Peas and Parmesan Cream Sauce

45/17 PENNE PASTA

Tossed in Extra Virgin Olive Oil with strips of Smoke Salmon, Capers, Red Onions Bell Peppers, Cherry Tomatoes and fresh basil leaves

54/20 PAN FRIED SOFT SHELLED CRAB

On a Caprice salad with Basil and Peppercorn marmalade

<u>MAIN COURSES</u>

75/28 ROASTED CORNISH HEN

On Crushed Buttered Green Peas with Prosciutto Tuille and Hearty Vegetable Stew

80/30 PAN SEARED FILLET OF RED SNAPPER

Glazed with Herb butter, Nicoise Salad and Apricot-mustard glazed

80/30 COCO SPICED WAHOO

Served with a Napoleon of sautéed Spinach and Potato, seasonal vegetables and Chimichurri sauce

80/30 ROASTED DUCK BREAST

With Saffron Mash Potatoes, Garlic Flavored Vegetables, Gremolata and Rosemary Jus

94/35 JERK PORK CHOP

Served with Bubble and Squeak cake, Green Beans bundle, Homemade spiced Apple Chutney and braised Black Beans

107/40 LOBSTER GRILLED OR STEAMED... (Half tail)

Shellfish bisque and plantain cracker

107/40 RIB EYE STEAK

Grilled to your preference, served with Pearl Onion ragout, Garlic chips, twice baked potato, Grilled tomato - Béarnaise cup

Sides 18/7

Mixed Garden Salad, Fresh Market Vegetables, Grilled Vegetables, Steamed Basmati Rice or French fries. Should you wish to have any dish plain grilled, please request with your waiter.

EC/US Prices

Tax and Service Charge will be added.