# Bar-B's Breakfast Menu

Breakfast Soup of the Day 15ec

Full English Breakfast 40ec

Big Boss English Breakfast 70ec

Small English Breakfast 25ec

(Eggs cooked to your choice, Bacon, Sausage, Mushrooms, Baked Beans, Tomato)

Grilled Steak and Eggs served with Home Fries 65ec

Smoked Kippers with Eggs cooked to your Choice 50ec

Eggs Benedict with Salmon, Ham and Cheese, Bacon or Vegetables 35ec

Scrambled Eggs with Salmon 30ec

Fried or Scrambled Eggs wrapped with your choice of Bacon,

Sausage or Vegetables 25ec

Eggs cooked to your choice with Muffin or Toast, with Tea or Regular Coffee 20ec

Plain Omelette 20ec

Omelette with your choice of any two Fillings 25ec

(Ham, Bacon, Cheese, Spinach, Sausage or Vegetable)

Extra Filling 3ec each

Salmon Omelette 35ec

Egg White Omelette with your choice of Filling 35ec

Egg White Baked with Tomato & spinach 35ec

Side orders of Sausage, Bacon, Beans or Mushroom 10ec

Side of Salmon 20ec

Bar-B's Special Creamy Spinach 7ec

Hash Browns 8ec

Breakfast Combo Eggs, Bacon, Sausage, Pancake, Waffle, French toast & sautéed

Potato 55ec

Local Breakfast 30ec

(Boneless Salt Fish sautéed with Olive Oil, Peppers, Onion & Tomato Puree Chop-Up, Boiled Egg & Fried Plantain)

Breakfast Quiche served with Garden Salad 30ec

Eggs Cooked to your choice wrapped with Bacon, Sausage or Vegetable 25ec

Corn Beef Hash with Eggs cooked to your choice 30ec

Poached Eggs with sautéed Spinach 25ec

Plain Pancake..or.. Plain Waffle 12ec

Pancake or Waffle with Banana, Blueberry, Mango or Chocolate Chip 15ec with ice cream 22ec

Ham and Cheese Croissant or Bagel 15ec

Bagel with Cream Cheese 10ec

Selection of Bagels .. please ask Staff 5ec

French Toast 12ec Ham & cheese French Toast 15ec

Cheesecake French Toast 15ec

Peanut Butter and Jelly Sandwich 10ec

Nutella, Vegemite or Marmite on Toast 10ec

Ham & Cheese Toastie 10ec

Ciabatta Bread Sandwich 20ec

(Fried Eggs with Bacon or Sausage)

Side Order of Muffin, Bagel or Toast 5ec Croissant 7ec

Choice of Cereals with Tea or Regular Coffee 15ec

Hot Porridge 10ec (cream of wheat, Oatmeal, custard or Arrowroot)

Fruit Plate 20ec with Yogurt 25ec

All bills are subject to 10% service charge

# Bar-B's Lunch Menu

#### Appetisers

Soup of the Day with Garlic Bread 20ec
Wing Dings with Blue Cheese or BBQ Sauce 25ec
Vegetable Spring Rolls with Sweet Chili Dip 20ec
Crab Cakes with Cocktail Sauce 30ec
Calamari with Tartar Sauce 30ec
Coconut Shrimp with Garlic Sauce 25ec
Deep Fried Breaded Brie with Red Current & Port Sauce 25ec
Basket of Sweet Potato Fries 20ec

#### Salads

Crab Mayonnaise Salad 40ec

Tuna Mayonnaise Salad 35ec

Smoked Salmon & Cream Cheese Salad 50ec

Greek Salad 30ec .. with Grilled Chicken 45ec

Garden Salad with Grilled Chicken 40ec

Shrimp & Avocado Salad 45ec

Caesar Salad 25ec

Chicken Caesar Salad 40ec

Shrimp Caesar Salad 45ec

(Caesar Salads served with Anchovies and Crispy Bacon)

## Main Courses

Catch of the Day served with Salad & Fries or Basmati Rice 50ec

Sirloin Steak with a Creamy Mushroom Sauce served with Salad & Fries 60ec

T Bone Steak with a Creamy Mushroom Sauce served with Salad & Fries 80ec

Veal Schnitzel with a Creamy Mushroom Sauce served with Salad & Fries 40ec

Grilled Pork Chops with a Sweet & Sour Sauce served with Salad & Fries 40ec

Grilled Lamb Chops with Mint Sauce, served with Chef's Potatoes & Vegetables 550

BBQ Baby Back Ribs served with Fries, Coleslaw & Corn on the Cob 45ec

Mixed BBQ Combo Baby Back Ribs & Chicken Wing, served with Fries, Coleslaw & On the Cob 55ec

Mussels cooked in a White Wine Cream Sauce Served with Salad & Fries 50ec

Garlic Lobster (when available) served with Basmati Rice & Salad 80ec

Garlic Lobster & Shrimp Combo served with Basmati Rice & Corn on the Cob 75

Jumbo Garlic Shrimp served with Basmati Rice and Salad 55ec

Seafood Platter for two served with Fries 150ec

(Lobster, Mussels, Coconut Shrimp, Calamari and Crab Cakes)

Teryaki Chicken Stir Fry served with Basmati Rice 35ec

Deep Fried Chicken Wings with Blue Cheese or BBQ Sauce, served with Frie

& Coleslaw 35ec

Sides Orders 10ec

Sweet Potato Fries instead of Fries, additional 7ec

All Bills subject to 10% Service Charge

#### Sandwiches

Made with Ciabatta Bread

Crab Mayonnaise Sandwich 30ec

Tuna Mayonnaise Sandwich 20ec

BLT 20ec

Smoked Salmon Sandwich 35ec

Ham & Cheese Toastie 15ec

Egg and Bacon Sandwich 20ec

(Sandwiches served with Fries)

#### Burgers

Breakfast Burger 50ec

(Fried Eggs, bacon, mushrooms, cheese)

Beef Burger 30ec

Cheese Burger 32ec

Bacon Cheese Burger 35ec

(Choice of Cheese blue cheese or cheddar)

Chili Burger 40ec

Chicken breast Burger 30ec

Catch of the Day Fish Burger 35ec

Vegetable Burger 35ec

Home-Made Lamb Burger with yogurt cucumber & mint sauce 35ec

Pulled Pork Burger 30ec

(Burgers served with Coleslaw & Fries, Wheat Bread or White)

(Choice of Cheese .. Blue, Cheddar or Feta)

## Bar-B's Dinner Menu

### Appetisers

Soup of the Day with Garlic Bread 20ec

Wing Dings with Blue Cheese or BBQ Sauce 25ec

Vegetable Spring Rolls with Sweet Chili Dip 20ec

Crab Cakes with Cocktail Sauce 30ec

Calamari with Cartar Sauce 30ec

Coconut Shrimp with Garlic Sauce 25ec

Deep Fried Breaded Brie with Red Current & Port Sauce 25ec

Basket of Sweet Potato Fries 20ec

## Salads

Smoked Salmon & Cream Cheese Salad 50ec

Greek Salad 30ec .. with Grilled Chicken 45ec

Garden Salad with Grilled Chicken 40ec

Shrimp & Avocado Salad 45ec

Caesar Salad 25ec

Chicken Caesar Salad 40ec

Shrimp Caesar Salad 45ec

(Caesar Salads served with Anchovies and Crispy Bacon)

## Main Courses

Catch of the Day 50ec

Sirloin Steak with a Creamy Mushroom Sauce 60ec

T Bone Steak with a Creamy Mushroom Sauce 80ec

Deep Fried Veal Schnitzel with a Creamy Mushroom Sauce 50ec

Grilled Pork Chops with a Sweet & Sour Sauce 50ec

Grilled Lamb Chops with Mint Sauce 55ec

Garlic Lobster (when available) 80ec

Jumbo Garlic Shrimp 55ec

All above s wed with a choice of two sides

Chef's Potatoes, Basmati Rice, Vegetables, Fries or Garden Salad

Garlic Lobster & Shrimp Combo served with Basmati Rice & Corn on the Cob 75ec

Seafood Platter for two served with Fries 175ec

(Lobster, Mussels, Coconut Shrimp, Calamari and Crab Cakes)

Mussels cooked in a White Wine Cream Sauce served with Fries 50ec

Teryaki Chicken Stir Fry with Basmati Rice 35ec

Deep Fried Chicken Wings with Blue Cheese or BBQ Sauce, served with Fries

& Coleslaw 35ec

BBQ Baby Back Ribs served with Fries, Coleslaw & Corn on the Cob 45ec

Mixed BBQ Combo Baby Back Ribs & Chicken Wings served with Corn on the Cob, Fries & Coleslaw 55ec

Sides Orders 10ec

Sweet Potato Fries instead of Fries, additional 7ec

All Bills subject to 10% Service Charge

## Burgers

Breakfast Burger 50ec

(Fried Eggs, bacon, mushrooms, cheese)

Beef Burger 30ec

Cheese Burger 32ec

Bacon Cheese Burger 35ec

(Choice of Cheese blue cheese or cheddar)

Chili Burger 40ec

Chicken breast Burger 30ec

Catch of the Day Fish Burger 35ec

Vegetable Burger 35ec

Home-Made Lamb Burger with yogurt cucumber & mint sauce 35ec

Pulled Pork Burger 30ec

(Burgers served with Coleslaw & Fries, Wheat Bread or White)

(Choice of Cheese .. Blue, Cheddar or Feta)

# Bar-B's Kid's Menu

Chicken Nuggets
Fish Sticks
Burgers
Served with fries
15ec
CheeseMacaroni Pie
Hot Dog with Fries
10ec

# Bar-B's Coffees

Regular Coffee 7ec

Decaf Coffee 8ec

Expresso Coffee 8ec

Double Expresso 12ec

Café Mocha 12ec

Café Latte 12ec

Cappuccino 12ec

Iced Coffee 12ec

Vanilla Coffee 12ec

Baileys Coffee 15ec

Irish Coffee 15ec

Kahlua Coffee 15ec

Amaretto Coffee 15ec

Hot Chocolate 10ec

\* Iced Tea 8ec

Cup of hot Tea 6ec .. Pot 12ec

Cup of Decaf Tea 6ec .. Pot 12ec

Fruit Smoothies 15ec.. with Rum 18ec

Freshly Squeezed Orange or Grapefruit Juice, glass 15ec.. pitcher 60ec

Freshly Squeezed Vegetable Juice 15ec